

Directions

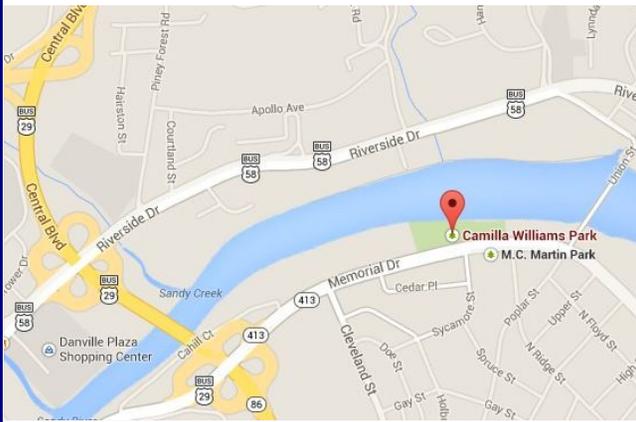
Address: 700 Memorial Dr., Danville, VA 24541

From South– Follow US-29 N to US-29 BUS N as you enter into VA. Make a slight left onto Memorial Dr. Camilla Williams Park will be on your left in 2.9 miles (besides KFC).

From North– Follow US-29 S, exit onto US-360 W/US-58 BUS W/South Boston Rd. toward Danville. In 1.9 miles, turn left onto VA-293 S. Take the first right onto Memorial Dr. Camilla Williams Park will be on your right in 0.7 miles.

From West– Follow US-58 E, continue onto US-58 BUS E. Turn left onto VA-293 S. Take the first right onto Memorial Dr. Camilla Williams Park will be on your right in 0.7 miles.

From East– Follow US-58 W, continue onto US-58 BUS W. Make a slight right onto Union St. After crossing the river, turn right onto Memorial Dr. Camilla Williams Park will be on your right in 0.2 miles.



Event Title Sponsor



Danville Regional
MEDICAL CENTER

Event Cosponsor



Event Contributors

The event poster features a background image of a person kayaking on a river. At the top is the Danville Regional Medical Center logo. Below it, the text reads 'Danville Regional MEDICAL CENTER Presents Danville, VA Paddle Pedal Plod'. The 'Paddle Pedal Plod' text is in a large, bold, blue font. Below this, there are three small icons: a kayaker, a cyclist, and a runner. At the bottom, it says 'Cospnsored by Danville Parks and Recreation' and 'Kayak, Bike, and Run Triathlon' in a green and blue banner.

Danville Regional
MEDICAL CENTER
Presents
Danville, VA
Paddle Pedal Plod
Cospnsored by
Danville Parks and Recreation
Kayak, Bike, and Run Triathlon

1.3 mile paddle
1.8 mile run
4.5 mile bike
1.8 mile run
750 ft. paddle

**Register as an
individual or relay!**

Race begins at Camilla Williams Park
700 Memorial Drive, Danville, VA 24541

September 20, 2014
Time: 9:00 a.m.

Bib # _____

Registration Form

Please Print

Name _____

Address _____

City _____ ST _____ ZIP _____

Phone: (____) _____

E-Mail _____

DOB _____ Age as of 9/20 _____

Solo: _____ Relay: _____

If relay, team name: _____

Shirt Size (circle one) S M L XL

Pre-Register by 9/5/14 – \$25

Pre-registration guarantees t-shirt

Registration deadline: 9/14/14

No registration day of the event

Make Checks payable to:

City of Danville

Pre-register over the phone

434-799-5215 or online at

www.playdanvilleva.com

Mail checks and/or forms to:

ATTN: Outdoor Rec.

P.O Box 3300

Danville, VA 24543

Starting Times

- Bike drop off location opens—7:30 a.m.
Dan Daniel Memorial Park, 302 River Park Dr., Danville, VA 24540
- START/FINISH—9:00 a.m.
Camilla Williams Park, 700 Memorial Dr., Danville, VA 24541

Prizes and Awards

- All finishers receive a medal.
- The top individual male and female finishers will receive prizes.
- The top two relay teams will receive a private zip line package.

Assumption of Risk/ Waiver of Claim

The Assumption of Risk/Waiver of claim is available to be viewed on the race webpage at www.playdanvilleva.com. Click on "Races" under Programs and Events.

A hard copy will be available at the race meeting for all participants to sign.

Course Description

The race will begin at Camilla Williams Park, 700 Memorial Dr., Danville, VA 24541. Participants will then paddle 1.3 miles and take out at the grassy area beside mile marker EE on the Riverwalk. Participants will then run 1.8 miles to the Grassy Knoll Kiosk between mile marker D & E on the Riverwalk and pick up their bikes. They will then ride 4.5 miles down the Riverwalk to Anglers Park where they will circle the rugby fields and return to the Grassy Knoll Kiosk, leave their bikes, and run the course back to the grassy area near mile marker EE. Participants will paddle 750 feet across the Dan River to the Start/Finish at Camilla Williams Park.

Information

Race Director– Brian Buchanan 434-799-5215
Email– buchabc@danvilleva.gov
Race website: www.playdanvilleva.com Click on "Races" under Programs and Events.

